



**MENTAL HEALTH
SUPPORT**

**FOR SEXUAL ASSAULT CRISIS SUPPORT CONTACT THE
SAFE HELPLINE, ITS CONFIDENTIAL, LIVE 1-ON-1 HELP
AND STAFF IF AVAILABLE 24/7, WORLDWIDE.**



**HELP IS JUST A CLICK, CALL OR TEXT AWAY!
CLICK: WWW.SAFEHELPLINE.ORG,
CALL: 1-877-995-5247, OR
TEXT 55-247 (INSIDE THE U.S.)
202-470-5546 (OUTSIDE THE U.S.)**